

# LESSON IN LIVING

## SIMPLIFY & PURIFY

*"To everything there is a season, and a time to every purpose under the heaven "*

*Ecc13:1. "He hath made everything beautiful in his time" Ecc13:11.* What a blessing it is to be aware of the season in life we are living in. I like to divide life's seasons as follows: birth to 12= Childhood, 12-21= Young Adulthood, 21-40 =Adulthood, 40-60=Mature Adulthood, 60-80= Senior Adulthood, 80-100=Post-adulthood.

All through life, we should focus on our **eternal** destination. It keeps us from becoming distracted. I just finished reading an autobiography , The Pianist by Waldyslaw Smilman. It is a record of his suffering in Warsaw during WWII. I found it fascinating how the pianist survived in isolation for days on only a few stale bread crusts and filthy water. He kept his sanity by lying still and mentally rehearsing his music. As a consequence, six years later, when he returned to his vocation, his stiff fingers quickly regained their original skill.

The world today is so complicated! Even our diets and recipes are a conglomeration. Remember the KISS formula: *"Keep It Simple Sweetheart"*? We can't be all things to all people, so why clutter up our lives trying to satisfy everyone? Let us appreciate the gifts of others while we focus on developing our own talents.

Before we clutter up our lives by acquiring extras we ought to ask ourselves:

*"Do I have extra time?"  
"Do I have extra space?"  
"Do I have extra money?"*

Mother Theresa, Mahatma Ghandi, great leaders, and most importantly, our Lord, Jesus Christ, set examples for us by simplifying and purifying their lives. They were dedicated. And, even though we have not been called to serve with such distinction, can we still strive to keep first things first? Can we bear in mind: *"That which does the most good for the most people for the most time is right"*? It seems as though modern man is always *"fluttering in all directions and flying in none."*

Instead of trying to master a large variety of musical instruments at the same time, why not focus on one or two and become more adept? Instead of trying to master many musical selections at the same time, why not master a few that will bring joy to our listeners and satisfaction to ourselves?

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